



YEAR 6 CAMP BERRY – Group 1 Monday 8th – Wednesday 10th March 2021

Dear Parents,

With just under a fortnight to go before Camp, following are details that will help with our final preparation. At this time we would like to ask that any outstanding payments be made by Wednesday 3rd March. If you are not sure what is outstanding please contact the office.

Travel Arrangements

- ALL students are to be at school by **7:10am** with their luggage & sleeping bag clearly labelled with their name. We hope to be away by 7.30am.
- A small snack & drink will be needed in a bag to be taken on the bus, we stop for a morning tea and toilet break along the way.
- **ALL medication needs to be labelled** and handed to the teachers before getting on the bus. Any child who may suffer from motion sickness and requires medication must have it before we leave on Monday morning. Please ensure that they have a tablet that can be administered on Wednesday before the trip back. All medication should be sealed in a snap lock bag, with clear written instruction for administering. (More on medication towards the end)
- Anticipated arrival back at school on Wednesday is 4.30pm to 5pm. An alert will be sent if we are going to be much later than this.

What to Bring

Here is an indication of the things to pack. Please make sure that all items are clearly labelled as there is always lost property left when staying in dorm style accommodation.

- Raincoat (disposable one is suitable – poncho type is fine)
- Hat (full brimmed – no caps allowed), Sunscreen and Water bottle (refillable not disposable)
- Sleeping bag & pillow (you can pack a bottom sheet if you wish to cover the mattress)
- Toiletries – Toothbrush, toothpaste, soap, shampoo & conditioner
- 2 Towels (one bath & one for water activities)
- A pair of jeans or tracksuits
- Several pairs of shorts
- 5 x T-shirts (maybe one or two spare for nights)
- 1 or 2 long sleeve fleece tops or jumpers
- 2 pairs of joggers (**1 old pair** to wear in the river whilst canoeing)
- Thongs (only to wear to showers)
- Socks & underwear (enough for 5 days)
- Pyjamas
- Swimming costume to wear for canoeing and raft building (old is good – it's not fashion camp!)
- Handkerchiefs/tissues
- Insect repellent (roll on not aerosol)
- Garbage bag or plastic bag for dirty clothes.
- Pencil case/writing equipment to fill out camp booklet.
- Book to read in bed.
- **Optional** – camera (please ensure student knows how to use it). We do take some school cameras, so the children are well photographed – don't feel you need to send your expensive family camera.

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CHILDREN ARE ASKED NOT TO BRING:

- **Lollies and food items** eg chewing gum, chips or snacks. Food items brought onto the Centre are collected, held and are returned to the children just prior to departure.
- i-pods, mobile phones, electronic games, radios and valuables.
- Clothing – No midriff tops or singlets
- Short shorts – The children will be wearing harnesses for many activities and wearing short shorts can result in rubbing.
- Torches are unnecessary, and only cause a problem when children should be in bed.

Sleeping arrangements

There is no longer a pillow provided, so children will need to pack their own pillow with a pillow case. This is due to the new COVID strategy. Students should pack their own sleeping bag to use. I do also suggest students pack a fitted sheet to cover the mattress – we do get some hot nights and that way your child can sleep on the sheet with their sleeping bag open over them. (The mattresses are also a plastic feel and can be quite noisy and sticky)

Souvenirs

NSW Office of Sport no longer sells souvenirs to participants. There is no longer any extra money needed for camp.

Medication

We have a large number of students who have indicated a need for medication. If your child is prone to headaches or hayfever, and is taking medication 'as required', can you please assist **by sending this in over the next week**. I can then organise all of the medication prior to leaving, and it will leave the Monday morning for me to spend time with parents sharing information of regular medications that need to be administered over the week. Travel sickness medication for the return journey could also be sent in early – this way I can complete all of the paperwork for the home journey and keep those medications separate from the others for easy access on the Wednesday.

We may be showing DVDs on the bus on the way to and from Berry. These will be carefully chosen, however we would like to choose some that are rated PG. If you are not comfortable with your child watching PG rated DVDs, please let me know. Children are asked not to bring food and lollies on the bus, other than their snack, which is packed in a secure bag, not to be eaten while we travel.

Any other enquiries please contact me at school.

Looking forward to a great camp!

Regards,

Karen Harradence
Deputy Principal

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